

# Diagnosis of schistosomiasis in migrants: New diagnostic approaches at the horizon

24 November 2017

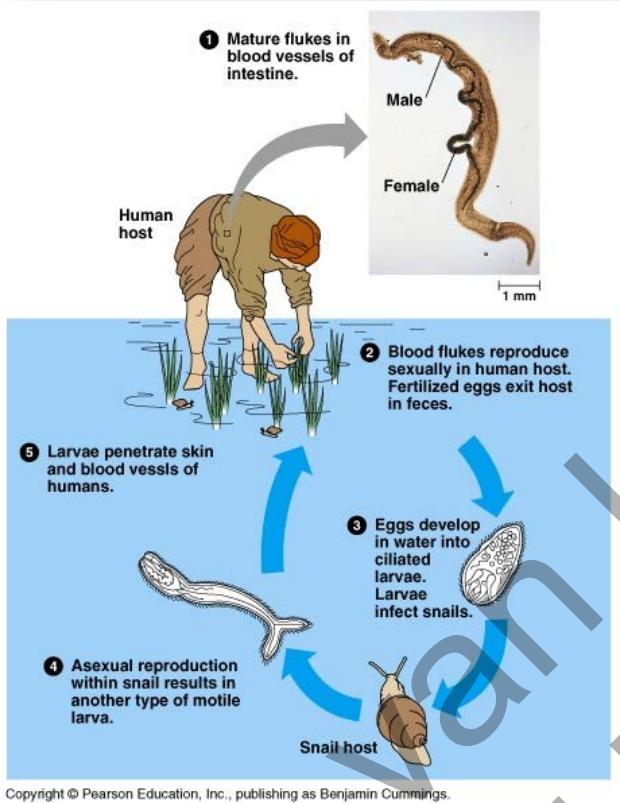
Lisette van Lieshout (LUMC)

*With special thanks to Eric Brienen, Pytsje Hoekstra, Claudia de Dood,  
Jutte de Vries, Rebecca van Grootveld,  
Meta Roestenberg, Paul Corstjens and Govert van Dam*

*Colleagues from Maastricht UMC & Deventer hospital*



# *Schistosoma* - Blood parasites



# Schistosomiasis: Globally $\approx 258$ M infected cases (WHO), >SS Africa



Imported cases in NL:  
several hundreds a year

- traveller
- ex-pats
- migrants from endemic countries



# Newly emerging risk groups within Europe: Refugees & Visiting Relatives and Friends



# Diagnostic challenges in schistosomiasis

**Case 1** 17Y (M) recent migrant, Somalia ([Deventer Zkh](#))

- Intermittent haematuria
- LUMC: serology negative => D: Egg seen in urine

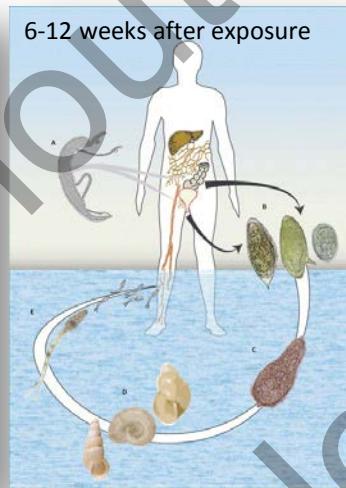
**Case 2** 21Y (M) recent migrant Sierra Leone ([Maastricht UMC](#))

- Intermittent haematuria, urine microscopy neg but Sh according to urologist
- LUMC: serology negative

**Case 3** 25Y (M) recent migrant Eritrea ([LUMC](#))

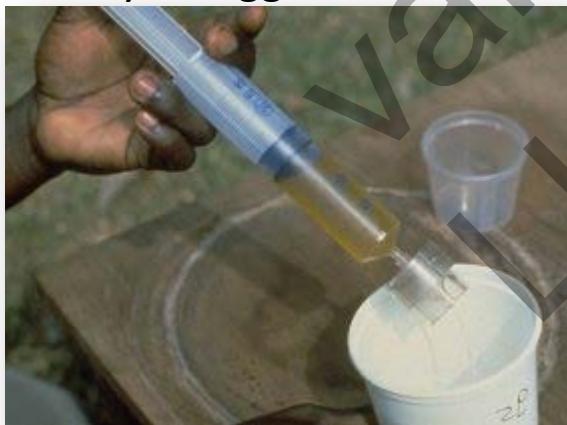
- Several clinical issues, stress related, obstipation, weight loss, mild eosinophilia
- Serology positive (IFA only), => microscopy: urine and faeces neg

# *Schistosoma* diagnostics: microscopy



Surveys: eggs/10m

eggs per gram (epg)



Urine filtration



Kato - slides



Glyc. sediment.



FEC



# Serology: anti-*Schistosoma* antibody detection

Commercial tests/in-house tests

IHA –  $\alpha$ -worms (AWA)

ELISA – IgG  $\alpha$ -eggs (SEA)



Specificity?? (may differ per test)

Late(r) sero-conversion (may differ per test)

Occasionally false negative (chronic infections) (may differ per test)

No correlation with intensity of infection/clinical symptoms

Not for evaluation of treatment

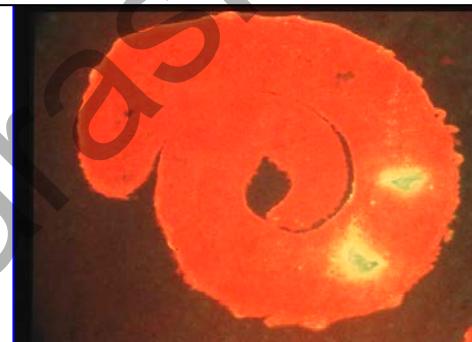
## LUMC: in-house tests

IFA – IgM  $\alpha$ -worms (AWA)

ELISA – IgG  $\alpha$ -eggs (SEA)

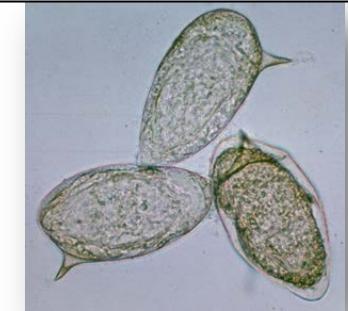
$\approx 1200$  sera/y ( $\approx 18\%$  pos)

Anti-adult worm antibodies



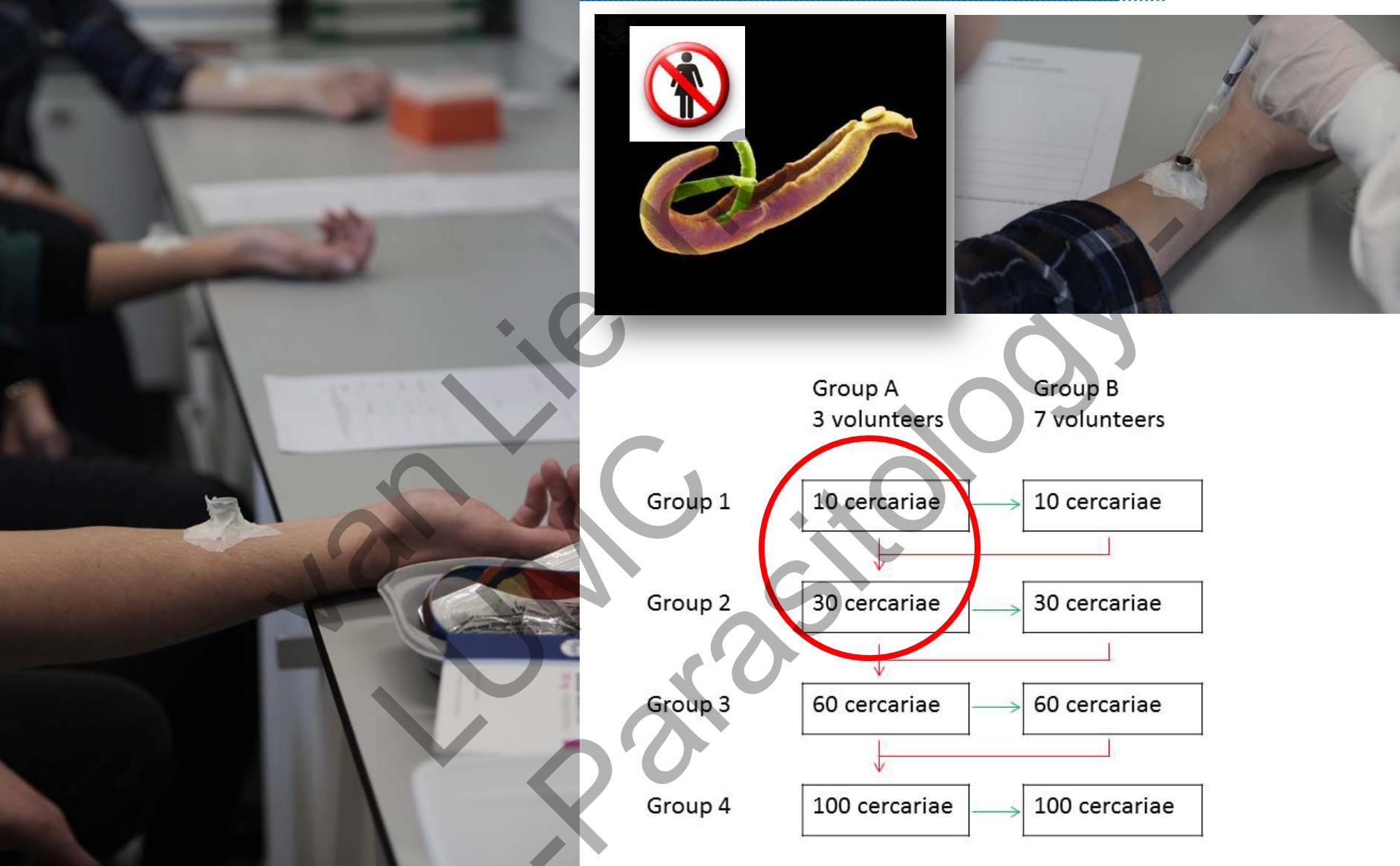
IFA: sero-conversion  $\approx 4-8$  weeks

Anti-eggs antibodies



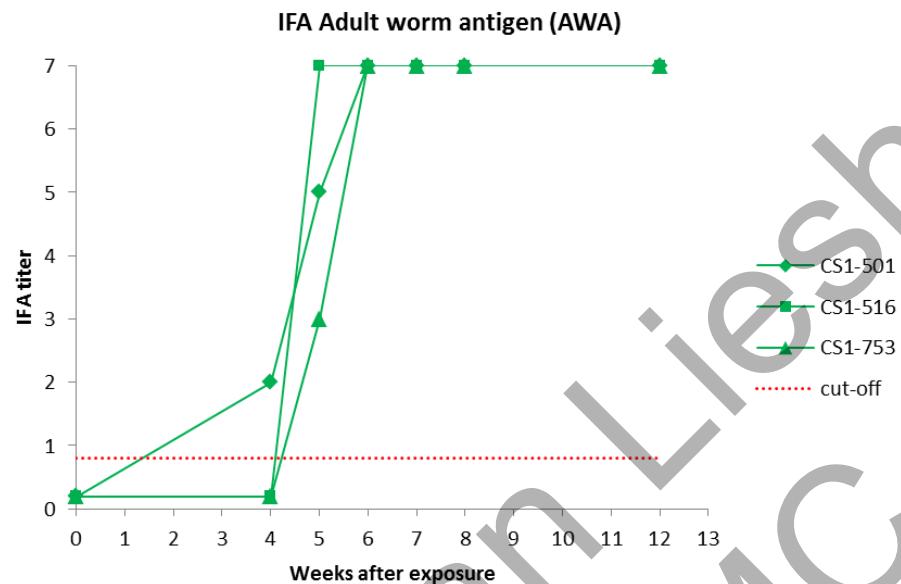
ELISA: less sens/spec.

# Controlled Human *Schistosoma* infection (CoHSI)

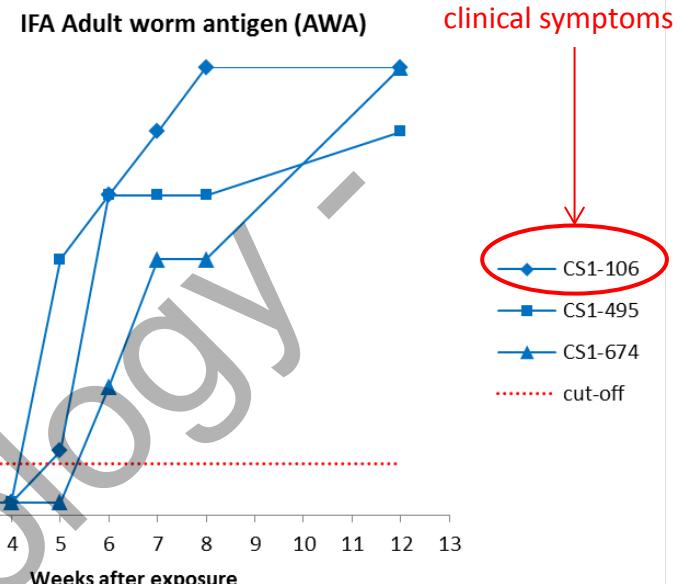


# Antibody responses in CoHSI

10 cercariae

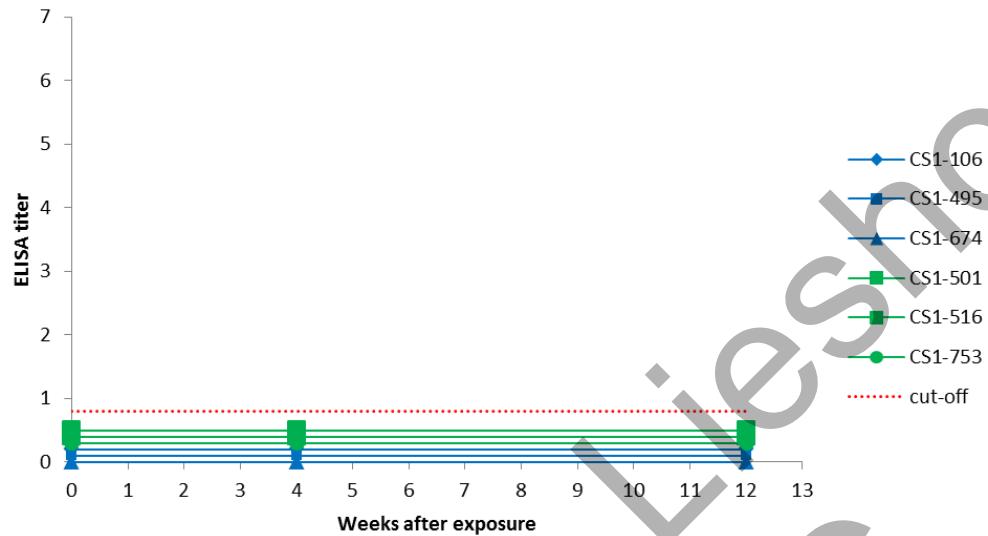


30 cercariae

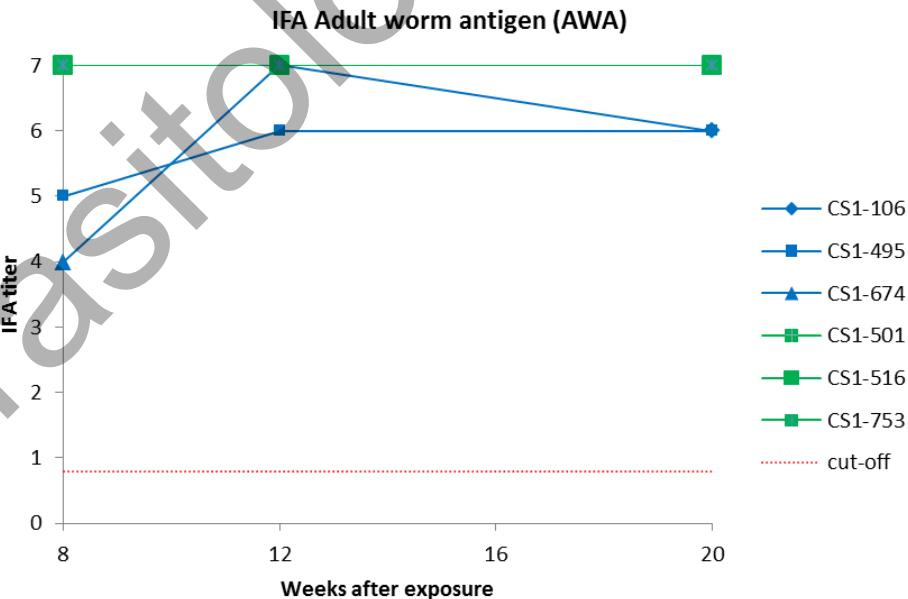


# Antibody responses in CoHSI

IgG Soluble Eggs Antigen (SEA)



PZQ treatment at week 12



CoHSI confirms seen in LUMC clinical data:

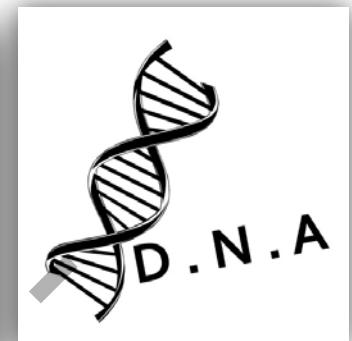
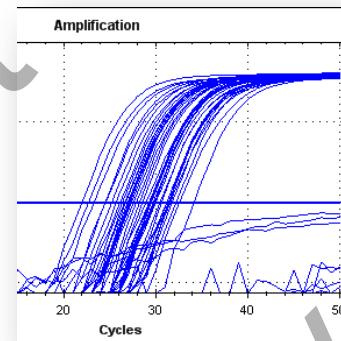
- highly sensitive and specific in first time exposed cases
- sero-conversion 4-8 weeks (IFA)
- no correlation with intensity of infection/ clinical symptoms
- not for evaluation of treatment

What to do with occasionally false negatives in chronic infections??

# *Schistosoma* real-time PCR

Range of in-house tests published

- Spec. 100%
- Ct  $\approx$  intensity
- Stool, urine, clinical samples (serum/plasma)



LUMC:

ITS-2, genus (*S.m./S.h.*) [Obeng et al., 2008](#)

- Stool, urine, sperm, biopsies (not serum)
- Endemic populations:

[Aryeety et al. \(2013\); Pillay et al., \(2014\); Vinkeles et al., \(2014\)](#)

[Meurs et al., \(2015, 2017\) & unpublished data](#)

Sens. >>> microscopy, **not 100%**

# *Schistosoma* real-time PCR

Routine diagnostics, since 2007 ( $\approx 200$  stool/y &  $\approx 20$  urines/y)

Own LUMC patients: besides microscopy

**Case 1** 17Y (M) Somalia, haematuria ([Deventer](#))

- Only serum

**Case 2** 21Y (M) Sierra Leone, haematuria ([Maastricht](#))

- Urine => LUMC: PCR pos (Ct 30) - & Sh+ microscopy
- Feces => LUMC: PCR pos (Ct 25) - & microscopy n.d.

**Case 3** 25Y (M) Eritrea, obstipation, mild eosinophilia, active infection? ([LUMC](#))

- Urine => PCR neg - & microscopy neg
- Feces => PCR pos (Ct 39) - & microscopy neg

# Schistosomiasis

## Need for diagnostic alternatives

Aiming for more **field applicable/user friendly**

1. **Highly sensitive for monitoring intervention**
2. Highly sensitive for travellers diagnostics
3. Reflect active infection (worm loads)

Circulating *Schistosoma* antigens CCA and CAA

Parasite load, active infection only, cleared after PZQ

Serum => urine excreted

**POC-CCA** (commercially available)

- Urine test *S. mansoni* (less for other species)
- Sensitivity > 1x microscopy, spec 98% (traces?)
- Endemic settings (Colley et al., (2013, 2017), Lamberton et al., (2014))
- Post-MDA monitoring



Van Dam et al., 2004

# Urine POC-CCA for imported infections?

Clinical Infectious Diseases

MAJOR ARTICLE



## Accuracy of Diagnostic Tests for *Schistosoma mansoni* Infection in Asymptomatic Eritrean Refugees: Serology and Point-of-Care Circulating Cathodic Antigen Against Stool Microscopy

Afona Chernet<sup>1,2</sup>, Kerstin Kling<sup>1,2</sup>, Véronique Sydow<sup>1,2</sup>, Esther Kuenzli<sup>1,2</sup>, Christoph Hatz<sup>1,2</sup>, Jürg Utzinger<sup>1,2</sup>, Lisette van Lieshout<sup>3</sup>, Hanspeter Marti<sup>1,2</sup>, Beatrice Nickel<sup>1,2</sup>, Niklaus D. Labhardt<sup>1,2</sup>, Andreas Neumayr<sup>1,2</sup>

<sup>1</sup>Swiss Tropical and Public Health Institute and <sup>2</sup>University of Basel, Switzerland; and <sup>3</sup>Department of Parasitology, Leiden University Medical Center, The Netherlands

107 newly arrived **asymptomatic** refugees

35% active *Schistosoma* infection

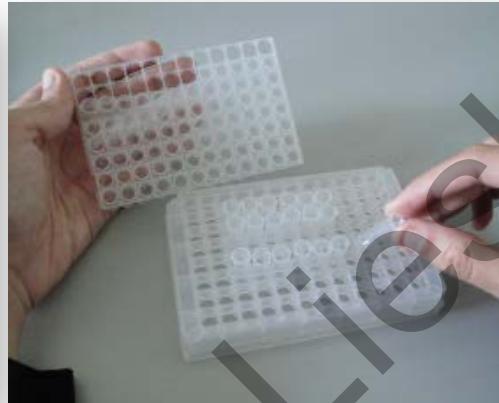
Sensitivity POC-CCA 91% (extensive microscopy) & additional cases

However:

- only *S. mansoni*
- observer dependent
- batch variation in specificity (see study Beltrame *et al.*, PLoSNTD 2017)
- validation in 60 consecutive urines (HTD London) – 1 positive only (migrant, Ab pos)
- LUMC: not right patient population

# Ultra-sensitive UCP Lateral Flow CAA assay (Up-Converting Phosphor technology)

## Dry reagents



## Sample pre-treatment

Mix serum or urine with equal volume 4% (w/v) TCA

(Concentrate supernatant)

Add 20 µL supernatant to 100 µL assay-buffer (UCP-McAb)

Incubate 1 h at 37 °C, shaking

Spin

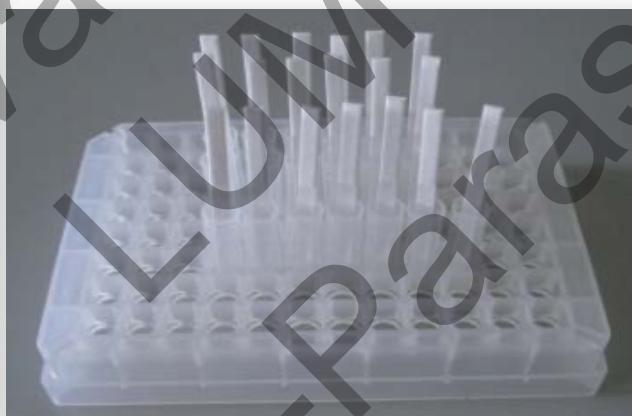
Spin

Mix

## Incubate



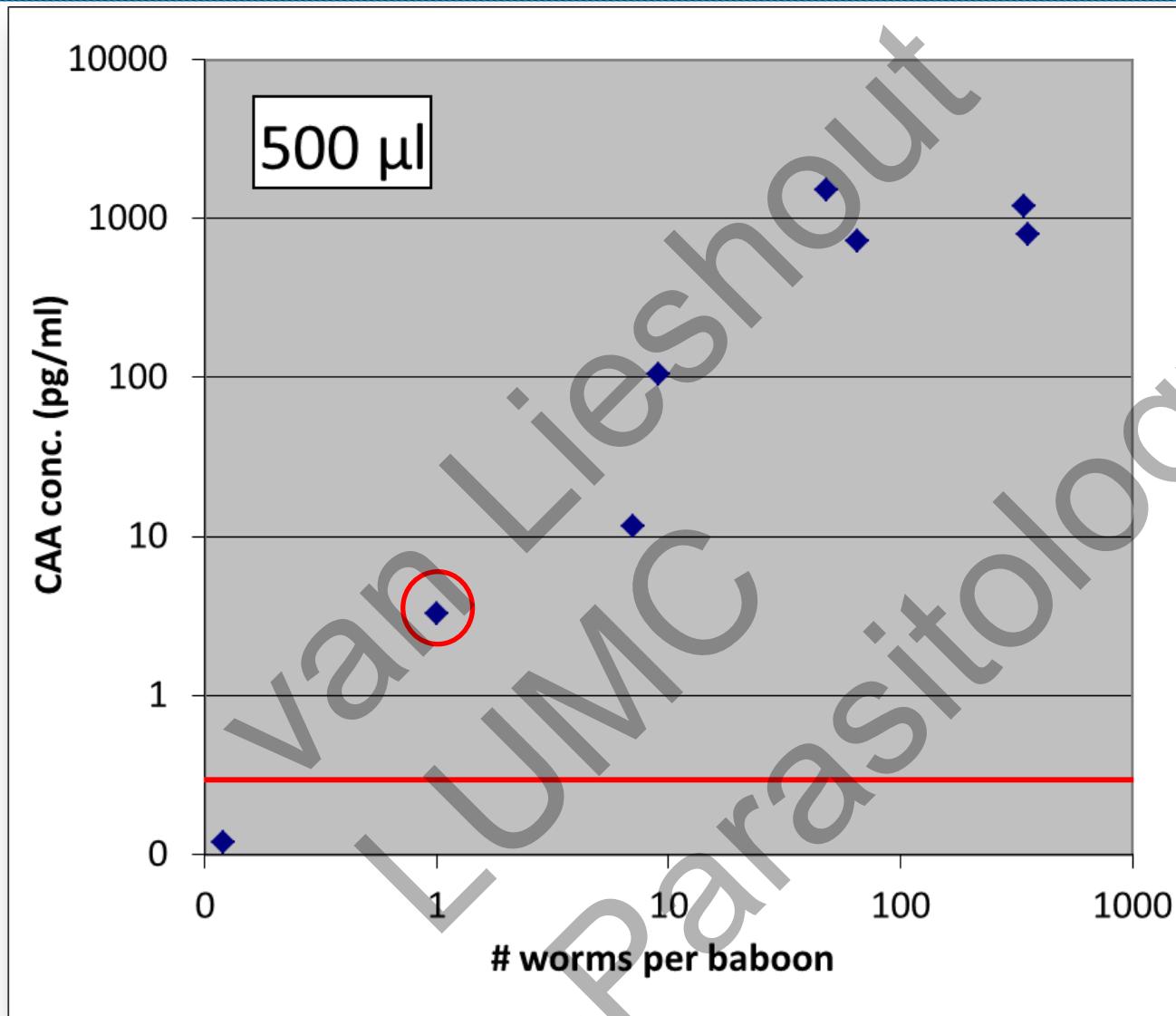
## Add LF strips, run for 1 h



Read strips, quantitate  
(AWA-TCA dilutions as standard)

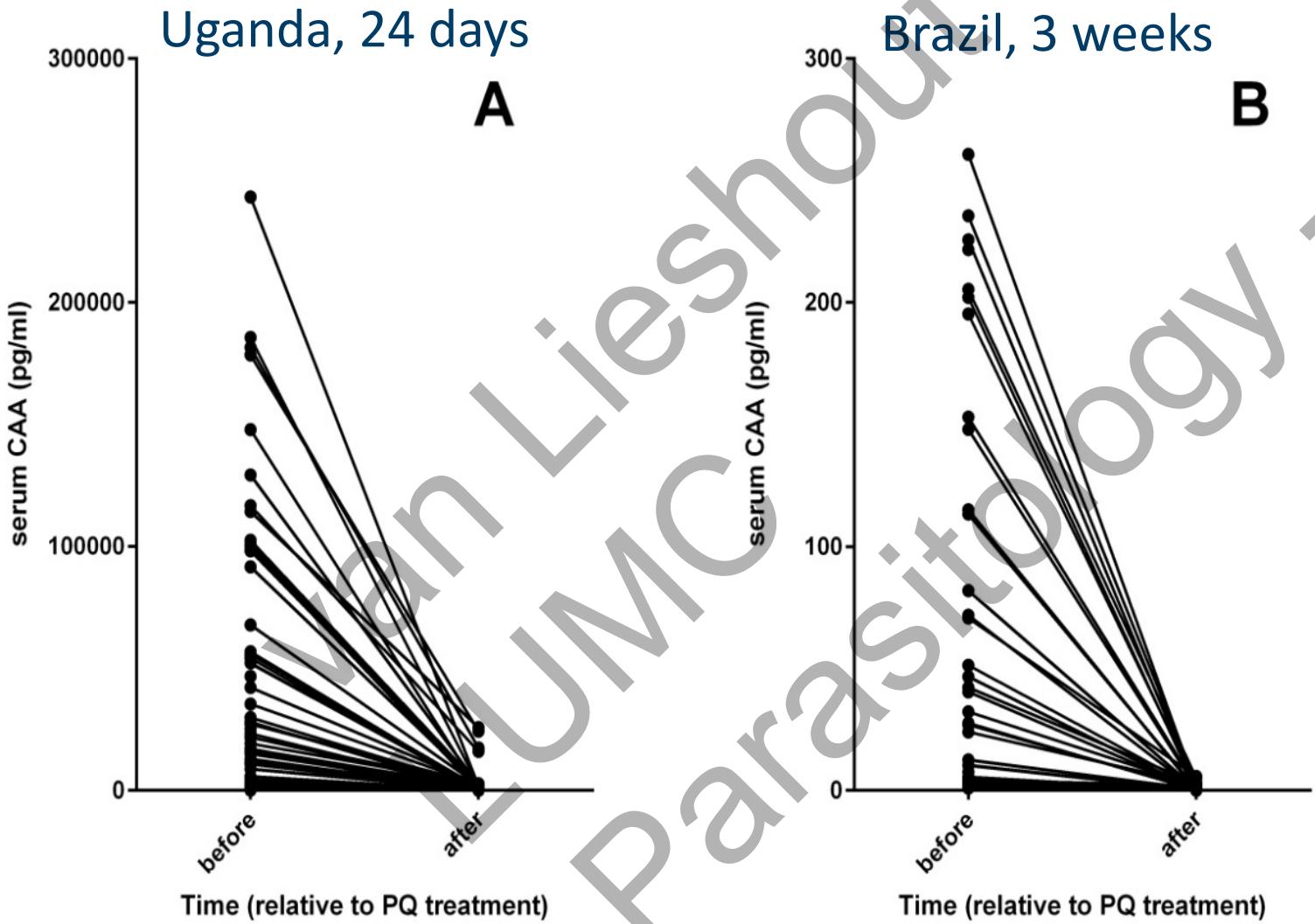


# Serum CAA levels vs worm numbers concentrating $500 \mu\text{L} + \text{TCA} > 20 \mu\text{L}$



Corstjens et al., (2014); Van Dam et al (personal data)

# Serum CAA in endemic areas single dose of 40-60 mg/kg praziquantel



# CAA levels in routine diagnostics

## 0.5 mL serum assay

Retrospective analysis LUMC, London (HTD) & Liverpool (LSTM),

- Confirmed 100% specificity (n=19)

Ab positive selected cases (n=229)

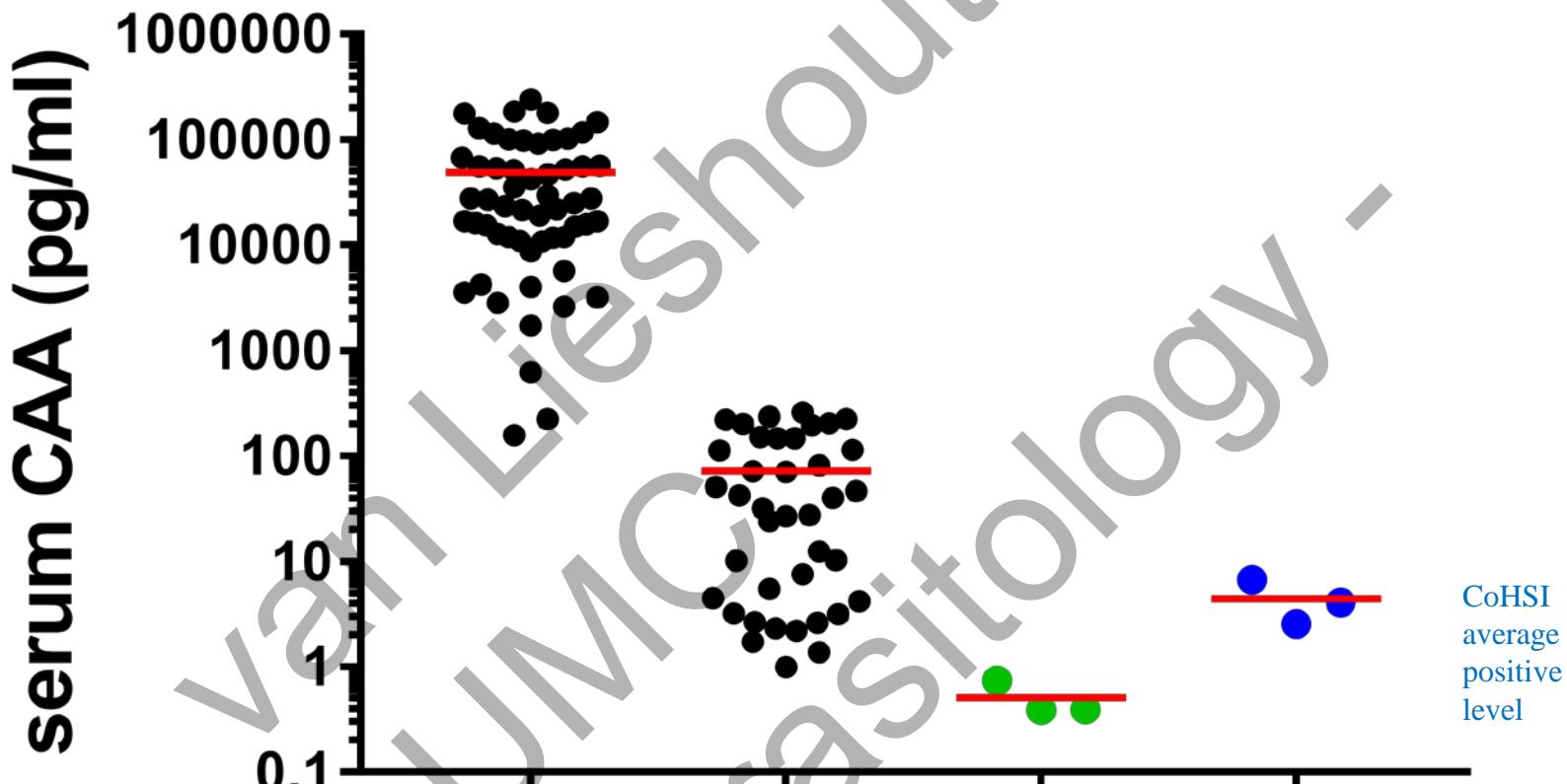
- Travellers => 50-60% positive (all low CAA levels)
- Migrants => 60-80% positive ( $\approx$  50% low CAA levels)
- All PCR/microscopy positives (n=12) => CAA positive

Basel study; screening of asymptomatic refugees Chernet et al., Clin Inf Dis (2017)

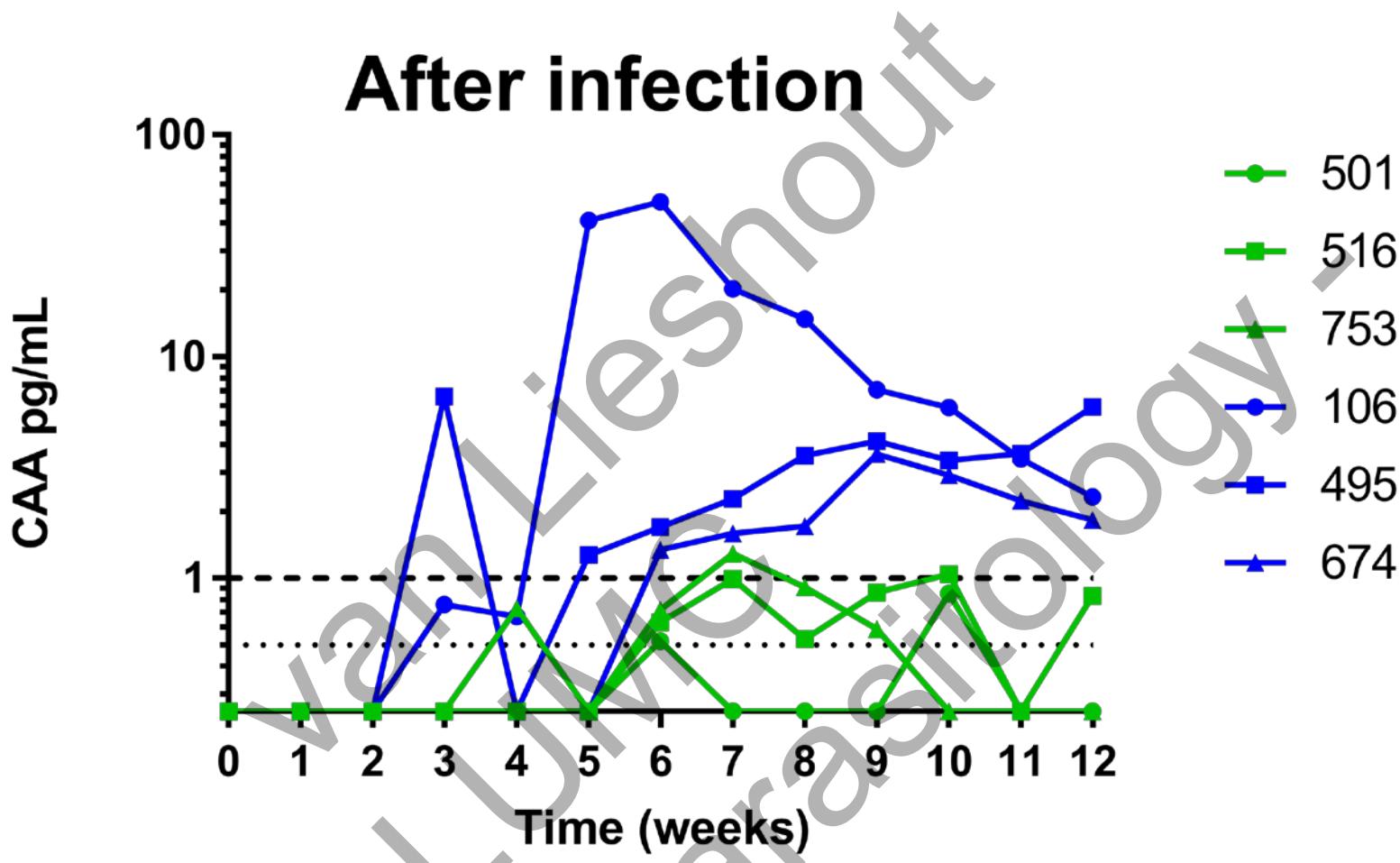
- N=107 => 47% positive ( $\approx$  50% low CAA levels)

Clinical setting LUMC – prospective validation  
a.o. CoHSI study

# Serum CAA levels in CoHSI model comparable to low endemic area



# Serum CAA levels in CoHSI model



# CAA levels in routine diagnostics

## Prospective validation

1. antibody positives & > 0.5 mL serum
2. on special requests (serum or >4 mL urine)

**Case 1** 17Y (M) Somalia, haematuria, Ab neg, microscopy pos ([Deventer](#))

- Only serum => **CAA positive** (low)

**Case 2** 21Y (M) SL, haematuria, Ab neg, PCR & microscopy pos ([Maastricht](#))

- Serum => **CAA positive** (high)
- Urine=> **CAA positive** (moderate)

**Case 3** 25Y (M) Eritrea, obstipation, mild eosinophilia, feces PCR pos ([LUMC](#))

- Serum => **CAA positive** (high)
- Urine=> **CAA positive** (moderate)

# Schistosomiasis - conclusions

**Microscopy:** limited sensitivity

**Non-microscopy:** each test has its own pros/cons

**Serology:** tests differ in Sens/Spec

some excellent for travelers with 100% sero-conversion in 4-8 weeks

**PCR:** different targets; all good alternative for microscopy, sensitivity varies per target, feces/urine less suitable for travelers

**Antigen detection:**

**POC-CCA:** chronic infections/migrants; Sm only, simple to use

**UCP-LF CAA:** ultra-sensitive; all species; 3-5 weeks after exposure

# Schistosomiasis - future

- More post-treatment follow-up studies
- Further standardization of POC-CCA reading
- More user-friendly CAA detecting format
- Implementation as routine diagnostic test

Store:

1 mL serum

5 mL urine

Contact us.... [ivanlieshout@lumc.nl](mailto:ivanlieshout@lumc.nl)

